Service Employees Benefit Fund (SEBF)
2021 Benefit Year

Excellus BluePPO Benefits

Type of Care/Plan Benefits	In-Network	Out-Of-Network
BluePPO Plan Features		
Primary Care Physician (PCP)	Not required	
Referrals	Not required	
Pre-Certification	Required for all inpatient admissions (excluding maternity). Includes Home Health Care, Infusion Therapy, Durable Medical Equipment over $200, MRI, CAT Scans and PET Scans	
Pre-Certification Penalty	No Penalty for In-Network Providers	$400 Penalty, Per Occurrence
Out of network benefits	Covered, unless noted. Please note: The amount the plan pays for covered services is based on an allowed amount. If an out of network provider charges more than the allowed amount, you will have to pay the difference between the actual charge and the allowed amount.	
Out of area benefits	Coverage provided worldwide through the BlueCard® program	
Dependent coverage	Qualified dependents covered to age 26 (end of month)	
Domestic partner	Covered (if eligible)	
Coverage Period	January 1st - December 31st	
Plan cost-sharing highlights		
Telemedicine visit with MDLIVE (Includes Behavioral Health Care)	**FREE VISIT - $0 Copay** Register online at ExcellusBCBS.com/Telemedicine or download the MDLIVE App.	No Coverage
Office visit copay (Primary Care Physician)	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Office visit copay (Specialist)	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Coinsurance	0%, unless noted	30% of allowance, unless noted
Deductible	None	$1,000 Individual $2,000 Family
Out-of-Pocket Maximum (Medical Only. RX has a separate Out-of-Pocket Maximum)	$5,150 Individual $7,900 Family	None
Inpatient Hospital/Facility Copayment	$500 Per Admission Limit: $1,500 maximum copayment, per individual, per person, per calendar year	Covered at 70% of allowance, subject to the deductible. Precertification applies
Lifetime maximum	None	

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Wellness Incentives		
Stay healthy with great programs and incentives!	**Blue365** - Take advantage of exclusive discounts on health and wellness products and services, including fitness, exercise, nutrition, elective procedures and hearing aids. For additional information on **Blue365**, please visit: **www.excellusbcbs.com/sebf**	
Preventive Health Care Services*		
Well child visits	Covered in Full	Covered at 100% of allowance, subject to the deductible
Adult routine physical exam	Covered in Full	Covered at 100% of allowance, subject to the deductible
Adult immunizations	Covered in Full	Covered at 100% of allowance, subject to the deductible
Mammography	Covered in Full	Covered at 70% of allowance, subject to the deductible
Pap smear	Covered in Full	Covered at 70% of allowance, subject to the deductible
Routine GYN exam	Covered in Full	Covered at 70% of allowance, subject to the deductible
Prostate cancer screening	Covered in Full	Covered at 70% of allowance, subject to the deductible
Colonoscopy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Physician Office Services		
Telemedicine visit with MDLIVE (Includes Behavioral Health Care)	**FREE VISIT - $0 Copay** Register online at ExcellusBCBS.com/Telemedicine or download the MDLIVE App.	No Coverage
Diagnostic office visits	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Surgery	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Advanced Imaging Services (Includes PET Scans, CAT Scans, MRI's and Nuclear Medicine)	$75 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies
Diagnostic X-Rays	Covered in Full	Covered at 70% of allowance, subject to the deductible

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Diagnostic laboratory and pathology	Covered in Full	Covered at 70% of allowance, subject to the deductible
Allergy testing	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Allergy treatment including serum	Covered in Full	Covered at 70% of allowance, subject to the deductible
Chemotherapy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Radiation therapy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Infusion therapy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Maternity Services		
Prenatal Care	Covered in Full	Covered at 70% of allowance, subject to the deductible
Hospital care for mom (including delivery)	$500 Copayment then Covered in Full	Covered at 70% of allowance, subject to the deductible
Newborn nursery care	Covered in Full	Covered at 70% of allowance, subject to the deductible
Inpatient Hospital Benefits		
Hospital benefits	$500 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies
Physician visits in the hospital	Covered in Full	Covered at 70% of allowance, subject to the deductible
Inpatient physical rehabilitation	$500 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Limit: 60 days per calendar year. Precertification applies
Surgery (Professional charge)	Covered in Full	Covered at 70% of allowance, subject to the deductible
Anesthesia	Covered in Full	Covered at 70% of allowance, subject to the deductible
Emergency Care		
Emergency room care	**No Coverage for Non-Emergency Care** $100 Copayment per visit then Covered in Full (Copayment waived if admitted inpatient)	**No Coverage for Non-Emergency Care** $100 Copayment per visit then Covered at 100% of allowance (Copayment waived if admitted inpatient)

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Freestanding urgent care center	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Observation stay	$100 Copayment per visit then Covered in Full (Copayment waived if admitted inpatient)	Covered at 70% of allowance, subject to the deductible
Ambulance (Ground or Air)	$50 Copayment then Covered in Full	$50 Copayment then Covered at 100% of allowance
Outpatient Hospital Benefits		
Advanced Imaging Services (Includes PET Scans, CAT Scans, MRI's and Nuclear Medicine)	$75 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies
Diagnostic X-Rays	Covered in Full	Covered at 70% of allowance, subject to the deductible
Diagnostic laboratory and pathology	Covered in Full	Covered at 70% of allowance, subject to the deductible
Surgical care (Facility Fee: Includes Ambulatory Surgery Center)	$75 Copayment then Covered in Full	Covered at 70% of allowance, subject to the deductible
Chemotherapy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Radiation therapy	Covered in Full	Covered at 70% of allowance, subject to the deductible
Mental Health and Chemical Dependence		
Inpatient mental health care	$500 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies
Outpatient mental health care	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Inpatient chemical dependence	$500 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies
Outpatient chemical dependence	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Other Services		
Skilled nursing facility	$500 Copayment then Covered in Full. Limit: 60 visits per calendar year. Limits are combined INN and OON. Precertification applies	Covered at 70% of allowance, subject to the deductible. Limit: 60 visits per calendar year. Limit are combined INN and OON. Precertification applies
Home care	$40 Copayment Limit: Total of 40 visits per calendar. Limits are combined INN and OON. Precertification applies	Covered at 75% of allowance, subject to deductible. Limit: Total of 40 visits per calendar. Limits are combined INN and OON. Precertification applies

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Hospice	$500 Copayment then Covered in Full Precertification applies	Covered at 70% of allowance, subject to the deductible. Precertification applies.
Infusion Therapy (Facility Charge)	$40 Copayment Precertification applies	Covered at 75% of allowance, subject to the deductible. Precertification applies
Outpatient therapy (Physical and Occupational)	$40 Copayment Limit: Combined total of 60 visits per calendar. Includes aggregate of visits for INN and OON and professional and facility covered services.	Covered at 70% of allowance, subject to the deductible. Limit: Combined total of 60 visits per calendar. Includes aggregate of visits for INN and OON and professional and facility covered services.
Outpatient therapy (Speech)	$40 Copayment Limit: Total of 20 visits per calendar. Includes aggregate of visits for INN and OON and professional and facility covered services.	Covered at 70% of allowance, subject to the deductible. Limit: Total of 20 visits per calendar. Includes aggregate of visits for INN and OON and professional and facility covered services.
Cardiac & Pulmonary Rehabilitation	$40 Copayment	Covered at 70% of allowance, subject to the deductible
Diabetic insulin and supplies	Covered only through your Prescription Drug Plan.	Covered only through your Prescription Drug Plan.
Durable medical equipment	Covered at 80% Precertification applies if over $200	Covered at 70% of allowance, subject to the deductible. Precertification applies if over $200
External prosthetics	Covered in Full	Covered at 70% of allowance, subject to the deductible
Chiropractic	$40 Copayment Limit: 20 visits per calendar year. INN & OON limits are combined	Covered at 70% of allowance, subject to the deductible Limit: 20 visits per calendar year. INN & OON limits are combined
Acupuncture	$40 Copayment Limit: 20 visits per calendar year. INN & OON limits are combined	Covered at 70% of allowance, subject to the deductible Limit: 20 visits per calendar year. INN & OON limits are combined
Infertility Services	Covered same as similar services under the benefit plan. Limits: Artificial Insemination: 4 cycles per lifetime. IVF: 1-cycle per lifetime. INN & OON limits are combined	Covered at 70% of allowance, subject to the deductible Limits: Artificial Insemination: 4 cycles per lifetime. IVF: 1-cycle per lifetime. INN & OON limits are combined
Routine Hearing Exam	$40 Copayment Limit: 1 exam every 24 months. INN & OON limits are combined	Covered at 70% of allowance, subject to the deductible. Limit: 1 exam every 24 months. INN & OON limits are combined
Hearing Aids	$40 Copayment Limit: $2,500 maximum per 12 months. INN & OON limits are combined	Covered at 70% of allowance, subject to the deductible. Limit: $2,500 maximum per 12 months. INN & OON limits are combined

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Accidental Dental	Covered at 80%, subject to the deductible for accidental injury to sound, natural teeth and for care due to congenital disease or anomaly.	Covered at 70% of allowance, subject to the deductible for accidental injury to sound, natural teeth and for care due to congenital disease or anomaly.
Prescription Drug Coverage	**See pages 7 and 8 for Prescription Drug Coverage.**	
Smoking Cessation	**This FREE Quit Smoking Program through Wellframe® includes:** 42 day program to help you to Quit Smoking. The Wellframe® App connects you to Care Managers to provide confidential, text-based, one-on-one outreach using a smartphone or tablet. You will receive guidance, support and a personalized care plan to help you Quit Smoking. **HOW CAN I GET STARTED?** Visit wellframe.com/download on your smartphone or tablet to install the Wellframe app. Download the Wellframe app and select Create New Account. Your access code is: **EXCELLUS**	
Excellus BlueCross BlueShield Customer Care: 1-877-650-5840 **www.excellusbcbs.com/sebf**		

This is not a contract. It is intended to highlight the coverage of this program. Benefits are determined by the terms of the contract. All benefits are subject to medical necessity. These benefits should not be interpreted as pre-approval of services. Payment of claims related to these benefits are subject to the member's eligibility on the date of service and the resolution of any other outstanding claims. The member is responsible for payment of a copay, deductible, coinsurance or any combination based on plan design.

*Preventive Services are not subject to Cost-Sharing when performed by a Participating Provider and provided in accordance with the comprehensive guidelines (including age and visit guidelines) supported by the Health Resources and Services Administration (HSRA) or if the items or services have a "A" or "B" rating from the United States Preventive Services Task Force (USPSTF), or the immunizations are recommended by the Advisory Committee on Immunization Practices (ACIP).

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Type of Care/Plan Benefits	In-Network	Out-Of-Network
Prescription Drug Benefits		

There is no deductible.

You pay 30% coinsurance for Generic , Brand and Specialty Drugs.

You pay 50% coinsurance for Proton Pump Inhibitors (heartburn medications) and Antihistamines (allergy medications).

You have to use the mail order for maintenance/long term medications after the third fill at a retail pharmacy or you will be responsible for 100% of the cost of the medication.

Generic Advantage Program (GAP): If you choose a brand-name medication when a generic equivalent is available, you will pay the coinsurance amount, plus the difference between the brand-name cost and the generic cost. The difference that you pay between the brand name cost and the generic cost, is not applied to your out-of-pocket maximum.

The Plan has limits on the amount you will pay per calendar year for prescription drugs. The out-of-pocket maximum is the total amount you will have to pay in a calendar year related to covered prescription drug expenses.

Prescription Out-of-Pocket Maximum is:
Individual - $1,200 per calendar year
Family - $4,800 per calendar year

Once you satisfy the out-of-pocket maximum, all subsequent covered prescriptions will be paid by the Plan at 100% for the rest of that calendar year. Out-of-Network prescription costs do not apply to the out-of-pocket maximum.

If you use a non-participating pharmacy, you pay in full and submit a claim to Excellus to reimburse you at the approved rates. Reimbursement will be the amount that would have been charged by the participating pharmacy less your applicable coinsurance.

To find a Participating Retail Pharmacy or view a copy of the National Preferred Formulary, visit www.excellusbcbs.com/sebf.

Service Employees Benefit Fund (SEBF)
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Excellus BluePPO Benefits

Type of Care/Plan Benefits	In-Network	Out-Of-Network

Retail Pharmacy Benefits

You can get up to a **30-day supply** at the Retail Pharmacy for short-term medications.

Mail Order Pharmacy Benefits

You can get up to a **60-day supply** of maintenance medications through the Mail Order.

Maintenance medications are drugs that you take on a long term basis for conditions such as high cholesterol, diabetes and asthma. Controlled substances are not subject to the mandatory mail order rule.

You may fill a maintenance/long term medication up to three times at your local participating retail pharmacy, but beginning with the fourth fill, you must fill the prescription through the Express Scripts or Wegmans Mail Order.

If you choose to purchase your maintenance medication at a retail pharmacy after the third fill, you will be responsible for 100% of the cost of the medication.

You can use Express Scripts (www.express-scripts.com or call 1-855-315-5220) or Wegmans Mail Order (1-800-586-6910) to get up to a 60-day supply of maintenance medications.

Specialty Pharmacy Benefits (Accredo)

Specialty medications are prescribed for conditions that are difficult to treat with traditional medications like multiple sclerosis, rheumatoid arthritis, hepatitis C and others. These medications are self-administered, either taken orally or by injection. Specialty pharmacies are experts in handling and administering these complex medications.

Note: If you use a Specialty Pharmacy other than Accredo, you will be responsible for the full cost of the prescription. If your Specialty drug qualifies for the SavonSP Program, you must confirm enrollment in the SavonSP Program. Specialty drug cost sharing under the SavonSP Program does not count towards the out-of-pocket limit.

If you have any questions regarding Accredo, please call Accredo directly at (800) 922-8297 or call Excellus Customer Care at (877) 650-5840.

If you have any questions regarding your SEBF Prescription Drug benefits, please call Excellus BlueCross BlueShield at (877) 650-5840.